

ST. REGIS FALLS CENTRAL SCHOOL

STUDENT ATHLETE HANDBOOK

2012 -2013



The Year of Discovery

Mission Statement of the St. Regis Falls Central School District

The mission of the St. Regis Falls Central School District is to ensure a safe environment in which every child's educational, social, and emotional needs are met. Students will be challenged to attain excellence and quality in education and life skills as they strive to meet their fullest potential. This mission will be achieved through the cooperation of the entire school community locally, statewide, and nationally.

Approved by the Board of Education: 08/15/12

ST. REGIS FALLS CENTRAL SCHOOL

STUDENT ATHLETE HANDBOOK



SYMBOL: SAINT

SCHOOL COLORS: BLUE AND GOLD

ST. REGIS FALLS CENTRAL SCHOOL “SAINTS”

ATHLETIC STATEMENT:

The primary goal of the St. Regis Falls Central School District is to educate the whole student, first by stimulating the student academically and then by offering a number of common experiences designed to develop the social, emotional, physical, and ethical development of the individual. Extracurricular programs are designed to provide such experiences and are, therefore, considered an integral part of our education program. These programs are, however, a privilege, and a student must maintain a good academic and behavioral standing in order to earn the right to participate. The actions of the players, coaches, and spectators reflect directly on the school and must adhere to its highest standard.

Philosophy and Beliefs

The purpose of Co-curricular Activities is to enhance academics by providing opportunities for students to develop citizenship, commitment, self-discipline, and skills in a less formal group/team situation. Participation is a privilege for all students. Students are encouraged to participate, but not at the expense of academic class work. Participation is subject to eligibility requirements, and addressed in the district Eligibility Policy.

All sports forms must be signed and returned by the 2nd practice or students will not be able to practice until they return the forms to their coaches. All consent forms for a second or third season, however, must still be signed prior to the first practice.

Sportsmanship at St. Regis Falls

One of the missions of co-curricular school activities is to serve as an extension of the classroom. There are important lessons to be learned in athletics. One of those lessons is to set and maintain high standards of sportsmanship, ethics, and integrity in our school and our society. It is up to us to provide the direction and constant vigilance under which good sportsmanship can prosper and have a positive impact on our children and us.

Code of Sportsmanship and Ethics

It Is The Duty Of All Concerned With Public School Athletics To:

- Recognize that the purpose of athletics is to promote the physical, mental, moral, social, and emotional well being of the individual players.
- Remember that an athletic contest is only a game – not a matter of life or death for the players, coaches, officials, fans, community, or school.
- Emphasize the proper ideals of sportsmanship, ethical conduct and fair play.
- Eliminate all possibilities which tend to destroy the best values of the game.
- Stress the values derived from playing the game fairly.
- Show cordial courtesy to visiting teams and officials.
- Establish a positive relationship between visiting team and hosts.
- Respect the integrity and judgment of the sports officials.
- Achieve a thorough understanding and acceptance of the rules of the game and the standards of eligibility.
- Encourage leadership, use of initiative, and good judgment by the players on the team.

Athletic Opportunities Afforded at St. Regis Falls Central School

Fall

Boys Modified Soccer
Boys Varsity Soccer
Girls Modified Soccer
Girls Varsity Soccer

Winter

Boys Modified Basketball
Boys J.V. Basketball
Boys Varsity Basketball
Girls Modified Basketball
Girls J.V. Basketball
Girls Varsity Basketball

Spring

Boys Modified Baseball
Boys Varsity Baseball
Girls Modified Softball
Girls Varsity Softball

Note: This list is subject to change.

Spectator Sportsmanship at Interscholastic Events

Good sportsmanship has always been a tradition at St. Regis Falls Central School. Spectators, as well as those directly participating in the event, are expected to behave in a respectful manner. When we are the host school, we will treat our opponents as guests in our school. When we play away, we must act as courteous guests.

We ask that everyone present demonstrate an attitude of good sportsmanship throughout the contest no matter what personal feelings one may have towards one team or the other. Obscene cheers, the throwing of objects, and verbal

indignities directed towards athletes, coaches, or officials have no place in high school athletics. Any spectator not displaying appropriate conduct will be asked to leave the game. Your cooperation is expected and appreciated. Repeat offenders may be barred from attending any further home events.

Spectators are an important part of the game and should at all times conform to accepted standards of good sportsmanship and behavior. All St. Regis Falls Central School spectators are expected to:

- Maintain and exhibit self-discipline and restraint during and after the contest.
- Conduct themselves in such a manner that attention is drawn not to them but to the participants playing the game.
- Regulate their actions at all times so they will be a credit to the team, knowing that St. Regis Falls Central School gets the praise or blame for their conduct since they represent their school just as the athlete does.
- Treat the visiting team and spectators as guests by being courteous and fair.
- Accept the judgment of the coaches and game officials.
- Respect the property of the school even at away games.
- Display good sportsmanship by being modest in victory and gracious in defeat.
- Appreciate the good plays of both teams.
- Showing sympathy for an injured player of either team.
- Direct their energy to encouraging their team.
- Learn the rules of the game in order to try to be a more intelligent and appreciative fan.
- Refrain from using artificial noisemakers during games. Players and coaches need to hear each other and the officials.
- Not create distractions during the opponent's foul shots (cheers, yelling, whistling, etc.).
- Refrain from making negative cheers during the game or at the end of the game.
- Obey the rules and regulations of the school concerning smoking, food, and soft drink consumption, littering, use of lavatory facilities and parking of cars.

Parent/Coach Relationship

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to children.

As parents, when your children become involved in our program, you have a right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program.

Communication You Should Expect From Your Child's Coach

1. Philosophy of the coach.
2. Expectations the coach has for your child as well the team as a whole.
3. Locations and times of all practices and contests.
4. Team requirements, i.e., fees or special equipment.
5. Procedure should your child be injured during participation.
6. Discipline that results in the denial of your child's participation.

Communication Coaches Expect From Parents

1. Concerns expressed directly to the coach.
2. Ways to help your child improve.
3. Specific concerns in regard to a coach's philosophy and/or expectations.

Appropriate Concerns To Discuss With Coaches

1. The treatment of your child, mentally and physically.
2. Ways to help your child improve.
3. Concerns about your child's behavior.

Issues Not Appropriate To Discuss With Coaches

1. Team Strategy
2. Play calling.
3. Other student/athletes/coaches.
4. Eligibility. (Issues of eligibility are to be discussed with the Principal.)

There are situations that may require a conference between the coach and the parent. These are to be encouraged. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedure should be followed to promote a resolution to the issue of concern.

Procedure To Follow To Discuss A Concern With A Coach

1. Please do not attempt to confront a coach before, after, or during a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution.
2. Call the Athletic Director, Justin Todd, at 518-856-9421, ext. 1060, to set up an appointment with the coach.

What can a parent do if the meeting with the coach did not provide a satisfactory resolution?

1. Call the Athletic Director (see above) to set up an appointment. The parent/guardian, coach, and the Athletic Director will meet to discuss the problem.
2. At this meeting, the appropriate next step can be determined.

Parents are encouraged to discuss issues and problems with the Athletic Director. However, if a parent has specific complaints regarding a coach, then the coach must have the opportunity to be present to meet with the parent.

Rules Governing the Athlete

Eligibility

Participation in the Athletic program is a privilege. Both student discipline and academic achievement affect eligibility. The purpose of eligibility is to encourage students to set, achieve, and maintain high standards of academic achievement, and to develop individual responsibility for their own behavior. Students are encouraged to participate, but not at the expense of academic class work.

To encourage all students to work diligently in their academic classes, each student's academic eligibility will be determined for participation in Athletics. Participation will be based on the following standards:

- Students may not be failing two or more classes at any one time.
- Students must demonstrate acceptable attendance habits and must be prompt to school and classes.
- Students must demonstrate proper citizenship in school and while representing the school.
- Students must demonstrate responsibility for their own education and achievement.
- It is each student's responsibility to know his or her academic status in each class and to take the necessary steps for academic success.

- Students must have returned to the appropriate to coach, any school property, uniforms, equipment, or money owed to the program prior to participation in any athletic practice or game.
- In-School Suspension, Out-of-School Suspension, and detention preclude participation for that day.

Rules Governing Academic Study Hall

- Soccer: All Modified Soccer Players are required to remain in school at all times. Varsity Players must remain in school at all times **unless** they are scheduled to have a 4:30 practice.
- Basketball: Teams having the 3:00 practice **must** remain in the school at all times. Teams who have practice at 4:30 or later **may** leave the building. Teams who have an away game where the bus leaves before 3:30 **must** remain in the building. Teams who have an away game where the bus leaves after 3:30 **may** leave. Teams who have a home game may leave.
- Baseball: All Modified Baseball/Softball Players are required to remain in school at all times.
- Softball: Varsity Players must remain in school at all times **unless** they are scheduled to have a 4:30 practice.

*There is no 4:30 p.m. bus run. Students must provide their own transportation after practice. Car pooling may be necessary.

Student/Athlete Eligibility – New York State

1. Age and Grade: According to the Commissioner of Education Regulations, a pupil shall be eligible for senior high school athletic competition in a sport during each of four consecutive seasons of such sport commencing with the pupil's entry into the ninth grade and prior to graduation, except as otherwise provided in the Selective/Classification Program. The Selective/Classification Program permits pupils in the 7th and 8th grades to compete in senior high school competition provided that they meet the standards of this program.
2. A pupil shall be eligible for interschool competition in grades 7,8,9,10,11, and 12 until his/her 19th birthday. A pupil who attains the age of 19 years on or after July 1 may continue to participate during the school year in all sports.

Uniforms/Equipment

All issued uniforms/equipment that are the property of the District shall be returned at the end of the season. Students will be responsible for the cost of replacing lost or stolen uniforms/equipment. Students are expected to wear their uniform as provided to all contests. Uniforms shall not be worn for physical education class, practice or any other time other time except for regularly scheduled contests. The coach may approve the wearing of uniforms for special occasions. Students are expected to have their uniforms laundered after each contest. It is not acceptable for students to make modifications to the uniforms that are issued to them by the District. While representing the District in competition, team members are expected to dress alike and in full team uniform. Additions to the uniform such as different colored socks, head bands, multi-colored wristbands, black tights and other such additions are not appropriate and may be worn only with the approval of the Coach and/or Officials.

Locker Room

The locker room is to be kept neat, clean, and undamaged. Students are expected to pick up after themselves. Horseplay will not be tolerated in the locker room. Students are responsible for locking all belongings in their lockers. Students are also cautioned to leave valuables at home. DO NOT leave valuables in the locker room. The District is not responsible for lost or stolen property.

Training Rules and Regulations and the Law.

First and foremost, the use of alcohol by anyone under the age of 21 years of age is against the law. Marijuana is an illegal drug, punishable by criminal arrest and prosecution.

Our message to Student Athletes is loud and clear and should be understood by all:
NO USE at any time and anywhere during the entire school year!

Drug Use, Sport, and Society

Controlled Substances and/or Illegal Drugs

The illegal or inappropriate use of controlled substances and/or illegal drugs (e.g. tobacco, alcoholic beverages, narcotic drugs, pseudo-speed, prescription drugs, and other substances) constitutes a hazard to the positive development of students. Such abuse is thoroughly examined in health classes. The guidelines that follow apply in school, on school property, on school buses, and at school activities outside normal school hours.

Possession of Other Controlled Substances and/or Illegal Drugs

When there is knowledge or a reasonable suspicion that a student possesses a controlled substance and/or illegal drug, a faculty member may confiscate the substance. The Principal or his/her designee, after evaluating the evidence, may conduct a search of the student's person, the student's locker(s), and/or the student's personal possessions. A student who refuses to be personally searched shall be confined until the Parent/Guardian is informed and grants permission or is present to conduct such a search him/herself.

The presence of any controlled substance and/or illegal drug on the person of a student or in or on any of the student's personal property or lockers will generally be presumptive evidence of possession.

When there is reasonable evidence to support the allegation that a student knowingly possesses(ed) a controlled substance and/or illegal drug, the Principal shall notify law enforcement authorities as required by law. The Principal will bring appropriate charges.

No student may be interrogated by law enforcement without a Parent/Guardian's permission or presence.

Such a student shall also be suspended from school, in accordance with the education law and Board Policy, from one to five days (for possession), pending a superintendent's hearing, at which a greater suspension may be imposed. Prior to the student's return to school following suspension for possession of a controlled substance and/or illegal drug, the Principal, in concert with the Parent/Guardian, shall make arrangements for relevant specialized counseling or instruction by a counselor. This counseling or instruction shall focus on helping the student understand and accept the medical, social, personal, psychological and/or legal consequences of possession and other abuse of controlled substances and/or illegal drugs.

Parent/Guardians will be urged to educate themselves concerning controlled substances and/or illegal drugs and their abuse. The community counselor will be available for such counseling or instruction.

The Principal shall, whenever circumstances warrant and justify such an action, request a Superintendent's Hearing. The Principal shall also, whenever circumstances warrant and justify such an action, suspend the student's privileges to participate in and/or attend co-and extra-curricular activities and school-sponsored events and programs outside the regular school day.

Being Under the Influence of a Controlled Substance and/or Illegal Drug

It is understood that being under the influence of a controlled substance and/or illegal drug is a determination that can be conclusively made only by medical practitioners. All district employees who observe a student whose behavior and/or appearance suggests that the student is under the influence of a controlled substance and/or illegal drug should immediately notify the Principal or his/her designee.

The Principal or his/her designee will evaluate the situation as quickly and carefully as possible. Students under the influence, or suspected to be under the influence, will be detained by the Principal or his/her designee until a Parent/Guardian is contacted to determine further action. The Principal may also notify the counselor in charge of the drug program, and may notify the school doctor or the student's doctor.

The Principal shall collect all available information. If circumstances warrant and justify such action, the Principal will confer with the Parent/Guardian and urge that appropriate measures be taken to assist the student and family in dealing with the abuse of controlled substances and/or illegal drugs. Such measures may include recommendations or requirements regarding school or outside counseling, therapy, treatment, and/or education.

Reports of Violation of Controlled Substance/Illegal Drug Policy

All district employees shall report to the Principal or his/her designee any information or allegation by any student, Parent/Guardian, or other non-employee about student involvement with controlled substances and/or illegal drugs.

The Principal shall collect information from any relevant sources, including students, Parent/Guardian, faculty, nurse, counselors, classified personnel, or any other source. The Principal shall evaluate the information and take those steps that are warranted and justifiable. These may include Parent/Guardian conferences, requesting a medical examination, recommending and/or requiring evidence of school or outside counseling, therapy, treatment, or education, notifying law enforcement authorities, or concluding that no action is warranted.

Student Drug and Alcohol Consequences

The St. Regis Falls Central School District desires students to develop into self-disciplined, educated, and when necessary, rehabilitated students of academic merit. To that end, the following student substance abuse procedures are offered.

Should a student be found in the possession of and/or abusing a controlled substance and/or illegal drug and/or alcohol, or non-prescription drugs, while in school, on school property, on school buses, and/or at school activities outside school hours (on school property or away), the student shall be subject to the following penalties:

First Offense

- Upon committing a first offense the student shall:
 - Be suspended from one to five days, subject to possible request for Superintendent's Conference and/or Hearing and additional suspension,
 - Be prohibited from participation in any extra-curricular activities as outlined in the Student Handbook, for a minimum of two weeks,
 - Attend a minimum of five, forty (40) minute educational counseling sessions with a certified student assistance counselor,
 - Attend a conference with the Building Administrator and Parent/Guardian,
 - When there is reasonable evidence to support the allegation that a student knowingly possessed a controlled substance and/or illegal drug, the Principal shall notify law enforcement authorities as required by law.

Second Offense

(Note: A second offense may occur at any time during the student's school years).

- Upon committing a second offense, the student shall:
 - Be suspended from two to five days, subject to possible request for Superintendent's Conference and/or Hearing and additional suspension,
 - Be prohibited from participation in any extra-curricular activities as outlined in the Student Handbook, for a minimum of six weeks.
 - In the event the suspension should occur toward the end of a sports season, the suspension would resume and continue into the next sports season that the athlete participates in.
 - Enter a counseling program for a minimum of ten sessions.
 - Attend a conference with the Principal, Counselor, Parent/Guardian(s).
 - When there is reasonable evidence to support the allegation that a student knowingly possessed a controlled substance, tobacco product, and/or illegal drug, the Principal shall notify law

enforcement authorities as required by law.

Third Offense

(Note: A third offense may occur at anytime during the student's school years).

- Upon committing a third, or further offense, the student shall:
 - Be suspended for five days, to a Superintendent's Hearing.
 - Be suspended from any extra-curricular activities as outlined in the Student Handbook until all disciplinary stipulations are met.
 - Attend a conference with the appropriate administrative personnel, a counselor, and Parent/Guardian.
 - Meet with the Substance/Alcohol Abuse Prevention Committee (Principal, faculty member, a representative from school with a background in drugs and alcohol such as the school nurse, counselor, etc., and a representative of an approved rehabilitation program) at the beginning and at the end of the third offense.

Distribution of Controlled Substances

Should a student be found selling, distributing, and/or giving away a controlled substance, tobacco product, illegal drug, and/or alcohol, the student shall be subject to the following penalties:

- Any Offense:
 - Be placed in out-of-school suspension for at least five days; be suspended from any extra-curricular activities as outlined in the Student Handbook, at the Principal's discretion.
 - A Superintendent's Hearing will be requested to seek the expulsion of the student.
 - A letter will be sent home to Parent/Guardian following notification by phone if possible.
 - Attend a conference with the Principal and Parent/Guardian.
 - Law enforcement will be contacted and an arrest will be requested when applicable.
 - Charges will be filed against the student when applicable.

Recreational drug use although present in society, is unacceptable in the lifestyle of any athlete.

The use, abuse, and misuse of drugs, alcohol and tobacco are major problems for all segments of modern-day America. Student athletes are in fact more likely to use or abuse chemical substances than the general student population. The student athlete does occupy a special position in the school and community environment. Each student athlete must maintain a high degree of physical fitness and alertness to perform to his/her optimal capacity and with the greatest degree of safety in his/her chosen sport. He/she must, therefore, adhere to a self-imposed discipline and demonstrate the highest standards of ethical behavior in his/her chosen sport. The fact that athletes are held in such high regard in our society, whether this is right or wrong, places them in a position where they are viewed as role models for peers and others within the surrounding communities.

Being involved in athletics comes with a price tag and that price is a commitment to the ideals of being an athlete. This Code of Conduct spells out for all athletes, the clear and consistent boundaries of our athletic program. To be successful we must agree to these provisions have a sound knowledge of them, understand them and agree to them. They are the same for every student athlete. There will be no exceptions to the consequences for those who decide to violate this code. Therefore:

All student athletes are required to maintain a drug-free status in order to insure their continued and uninterrupted participation in their chosen sports and to insure health, safety, and welfare. In order to protect our student athletes, coaches are instructed to look for and recognize any signs or symptoms of violations of this required drug-free status. When a student athlete is suspected of violating his/her drug-free status, his/her coach must follow the appropriate and departmental approved procedures, remedies and penalties for the offense.

Athletic Director's Letter to Athletes/Parents (to be distributed and signed at the annual Parent/Athletic Director's Meeting)

To the Athlete:

Congratulations on being a part of the athletic program. I am looking forward to a great year. Through hard work and dedication, I believe we can make this a season to remember. I would just like to touch on some responsibilities each athlete will have.

I expect each student-athlete to attend each and every practice. Practices are **not optional**, unless made optional by me. If by some unforeseen circumstance, you cannot attend practice, you must contact and notify me **prior** to the practice. Absences considered legal in the student handbook are accepted without penalty. Three unexcused absences will result in dismissal from the team. If you have detention or are suspended from school that will count as an unexcused absence. A team cannot be successful without everybody as no one person is bigger than the team. It is the student-athlete's responsibility to conduct yourselves as fine young men and women. If you miss practice you are hurting everyone that is a part of the team.

It is the student-athlete's responsibility to be properly equipped for each game and practice. This includes any equipment needed to maintain the safety of the player. Many of our student-athletes are "injury-prone" and I would like to see people with chronic injuries stay injury free. I am asking student-athletes to wear braces as need be, or any other protective means necessary (mouth guards, elbow pads, etc.)

Student-Athletes are expected to maintain academic eligibility. After all, student comes before athlete. I will be asking how everything is going. I want to see everyone be successful. If there are any problems, it will be better to get on top of it earlier than later.

There is a saying "practice makes perfect." I am a firm believer that nobody is perfect, so I do not agree with that saying. I prefer "practice makes permanent." By this, I mean if we practice good habits, they will become more natural for each of us. Student-athletes need to give 100% during practice. We are here to learn, we are here to get better, and we are here to win. This is why we play sports. There is nothing better than having a team with good chemistry that is focused on team goals. I promise each and every one of you that our coaching staff will give you everything that they can and we expect the same from you.

Good sportsmanship, as always, is essential. As I stated earlier, there is nothing better than a team with good team chemistry. We need to be encouraging each of our teammates, not bringing them down. There is only one coach on the team, not twelve. It is my job to talk to each player, and the **officials**. It is your job to listen.

Each and every player on a team has a specific role. Each role is different, but significant. The needs of the team determine your role on the team. This determines the position you play, and how much you play. I will do my best to see that you have an opportunity to participate; playing time is decided by the level of sport you are involved in but it is my belief that everyone should feel valued as a team player and as an individual.

I am very excited about the upcoming seasons. I hope that you share that excitement. I wish everyone the best of luck. If you have any questions, please feel free to contact me at any time.

-Justin Todd, Athletic Director

Player

Date

Parent/Guardian

Date

ST. REGIS FALLS CENTRAL SCHOOL

CO-CURRICULAR ELIGIBILITY POLICY

PARENT/STUDENT AGREEMENT:

Dear Parent/Guardian,

The St. Regis Falls Central School District believes that Co-curricular Activities enhance a student's education by providing opportunities for students to develop self-discipline and commitment to fellow student members and his/her school as well as skills and understandings that are specific to each sport and/or activity.

You son/daughter would like to become a member of the St. Regis Falls Central School District's _____ . It is an honor and a privilege for any

Name of Extra Curricular

Student to represent his/her school as an athlete or member of any other Co-curricular Activity. This privilege carries a responsibility on the part of each participant, advisor, and coach to abide by the general rules of sportsmanship, loyalty, and citizenship.

At the beginning of each Co-curricular Activity, the advisor or coach distributes and reviews these rules, and the student and his/her parent or guardian are required to sign and return the attached agreement indicating they understand and are willing to abide by the rules set forth in this agreement.

This policy applies to all participants involved in any Co-curricular Activity at St. Regis Falls Central School. All participants are expected to participate as good citizens both in and out of school. Participants will show respect to their advisors, coaches, administration, faculty, officials, other school staff, and other students. Participants will exercise self-control by not using profanity, excuses, or criticizing other participants.

Practice: Practice schedules and/or individual requirements for Co-curricular Activities are established by the coach and/or advisor. Three unexcused absences from school and/or team practice may result in dismissal from the sport.

Attendance and Co-curricular Activities: Students, whether they are participants or spectators, are to attend school for a full day in order to be eligible to attend or participate in co-curricular activities that day or evening. Students who are absent, late, or leave early are ineligible for spectator status or participation in co-curricular activities. The only acceptable excuse for lateness, absence, or leaving early on the day of an event is from a doctor, dentist, counselor, lawyer, court officer, or motor vehicle official written on their office stationery. If these written excuses are submitted to administration, then a spectator and/or participant will be eligible for practice and/or the event.

Suspension: The purpose of Co-curricular Activities is to enhance academic programs and promote student responsibility for their own behavior. With the first instance of Out-of-School Suspension, the student will be ineligible for participation in co-curricular activities for the days of the suspension plus the next school day. To be reinstated or to participate in co-curricular activities, the student and parent must sign an agreement with the Principal that stipulates the conditions for reinstatement. With the second or more instances of Out-of-School Suspension, the student will be ineligible for participation in any co-curricular activity for the days of the suspension plus the next three school days. To be reinstated or to participate in co-curricular activities, the student and parent must sign an agreement with the principal that stipulates the conditions for reinstatement. Any participant who is placed on In-School Suspension is ineligible for participation in all co-curricular activities for the days and evenings that the suspension has been assigned.

Detention: Participants who are placed on After-School Detention are ineligible for participation in co-curricular activities on that day or evening. This applies to only administrative-assigned detentions.

Decisions by the Court: A participant may be ineligible for co-curricular activities if there are any penalties that may be imposed by a court of law.

Tobacco, Alcohol, and Drugs: Every participant in co-curricular activities pledges not to use any tobacco products, alcohol, or drugs. There is also an expectation that each participant shall not be present when alcohol or drugs are being used, whether it occurs during school hours or during non-school hours. Any student involved in the possession of or use of any tobacco product, in the possession of or use of alcohol, or in the possession of or use of drugs, will be subject to the student disciplinary consequences.

Riding the Bus: All participants must ride the bus to and from all activities or provide the advisor and/or Central Office with signed parental/guardian permission explaining the change. Parental permission should allow the student to ride home with a specific responsible adult. This written permission needs to be signed by the Athletic Director or Principal at the beginning of the day before it is given to the coach and/or advisor. When leaving school early for an activity/competition, participants will report directly to the bus.

All School Property, Uniforms, Equipment, and Money Owed: Must be returned to the appropriate advisor, as requested by the advisor, coach, or office prior to further attendance or participation in co-curricular activities. Students are responsible for any intentional damage to school property, equipment, and uniforms.

Any student who falsifies his/her parent or guardian's signature will be subject to disciplinary action that may include suspension from the activity.

CO-CURRICULAR ELIGIBILITY

STUDENT/PARENT AGREEMENT

Co-curricular Activity: _____

My son/daughter and I have read the Co-curricular Activity Policy. Our signatures indicate our pledge to abide by the rules and regulations set forth in this policy.

(Parent/Guardian Signature) (Date)

(Student's Signature) (Date)

This agreement must be signed and returned to the Athletic Director prior to participation in any co-curricular activity

